

## 4 friends – 4 yogadays in Mallorca



*"Happiness is not something that comes ready made. It comes from your own actions." (Dalai Lama)*

Porto Cristo in the east of Mallorca: Spend your time out in a beautiful house including YOGA to go - private yoga classes.

"La Casita" a very well equipped house next to Porto Cristo with two bedrooms and two bathrooms, bookable for up to four adults. Beautiful property with pool, fig, almond and olive trees. Just relax and practice yoga every day.

Those who want more can go hiking, experience culture and enjoy good food. You decide concerning your days and your yoga classes according to your wishes!

More information and pictures of the house: [www.la-casita-mallorca.de](http://www.la-casita-mallorca.de)

Prices incl. cleaning:

4 persons - 4 nights - 4 YOGA to go classes (each 90 minutes): from 1.130,- EUR

Yoga Jana is an experienced and certified yoga teacher (RYT 500). She teaches different styles of yoga such as Hatha Flow, Vinyasa Flow, Hatha, Medical and Yin Yoga. The special about her yoga classes is the individual adaptation to the needs of each participant. Whether beginners or advanced, people with disabilities or active athletes, everyone feels welcome and can enjoy the yoga session.

Contact us:

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